

Teeth Brushing

Ready, Set, Brush! Sesame Street (A Pop-Up Book)

(interactive (helping the characters brush *their teeth*))

By: Che Rudko

Brush, Brush, Brush!

(a rhyming book that you could turn into a teeth-brushing song!)

By: Alicia Padron

Brush Your Teeth, Please (A Pop-Up Book)

(includes a mirror, learning the proper way to brush teeth and have good dental hygiene)

By: Leslie McGuire

Sugarbug Doug

(for older children, about cavities, healthy gums + teeth)

By: Dr. Ben Magleby

Sleep

Sleep Baby, Safe and Snug

(introducing nighttime routine)

By: Dr. John Hutton

Nighty-Night

(following a baby through their bedtime routine, highlighting basic steps, introduces “bedtime vocabulary”)

By: Leslie Patricelli

Leo, Sleep Tight!

(using five senses to wind down for bed)

By: Anna McQuinn

I Don’t Want to Go to Sleep

(a unique idea comes about for a character who is scared he will miss something while he is sleeping)

By Dev Petty

Safety

A Little Safety Spot: At School

(bus safety, car safety, germs, etc.)

By: Diane Alber

Ask First, Monkey!

(introduction to consent and boundaries)

By: Juliet Clare Bell and Abigail Tompkins

I Said No!

(teaching children to recognize the threat of sexual abuse)

By: Zack and Kimberly King

I Can Be Safe: A First Look at Safety

(how to handle dangerous situations and guidance through potential hazards)

By: Pat Thomas

How Do Dinosaurs Stay Safe?

(playful book that emphasize safe behavior)

By: Jane Yolen and Mark Teague

Cleaning

I Am Tidy

(introducing picking up and learning how to help others clean)

By: Jen Porter

The Berenstain Bears and the Messy Room

(tidying up, organizing, and taking care of your own belongings)

By: Stan and Jan Berenstain

I Tidy Up After I Play

(6 months+, teaching that we can play, but you need to clean up after yourself)

By: Esther Burgueño

Mole Had Everything

(lesson that it is not about how many things you own, but to have “everything” in terms of friendships and happiness)

By: Jamison Odone

Fancy Nancy: Too Many Tutus

(learning how to recognize when it is time to part ways with things, how to donate, exchange, etc.)

By: Jane O'Connor

Community

The Circles All Around Us

(making sense of our connection to everything around us and the role we play within our environment)

By: Brad Montague

A Park Connects Us

(demonstrating how parks (and other communal spaces) can bring many different people together)

By: Sarah Nelson

Waiting is Not Easy: Elephant and Piggie Book

(two familiar characters help children remember that although waiting is not easy, good things come to those who wait)

By: Mo Willems

At The Supermarket

(tells about going to the grocery store from a child's point of view and how it can be fun!)

By: Anne Rockwell

Last Stop on Market Street

(celebrates the beauty of communities and the world around you, and how this can make you feel rich in belonging and love)

By: Matt de la Peña

I Am We: A Book of Community

(showing children that they are a part of something bigger than themselves and they can give the
gifts of kindness, generosity, and love to others)

By: Susan Verde

Toileting

P is for Potty!

(flap book that engages littles while they learn about potty skills)

By: Naomi Kleinberg

Where Do You Poop?

(learning that every person/animal poops and this looks different for everyone/everything)

By: Agnese Baruzzi

It Hurts When I Poop!: A Story for Children Who Are Scared to Use the Potty

(building confidence to overcome the fear of trying to use the toilet)

By: Howard J. Bennett

Potty Time with Bean

(Ms. Rachel helps her friend, Bean learn how to use the toilet)

By: Ms. Rachel

Dressing

Do I Have to Wear a Coat?

(talks about all four seasons and what we should wear to feel comfortable during each one)

By: Rachel Isadora

Getting Dressed: A Board Book

(book with flaps about picking out clothes for different times of the year/different events you may go to)

By: Pauline Oud